



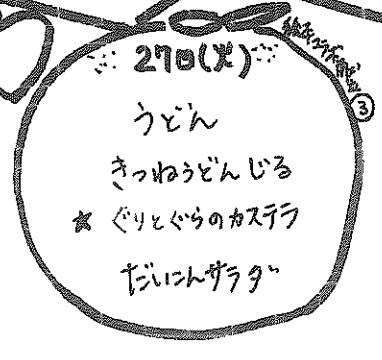
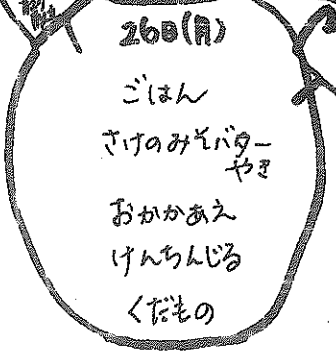
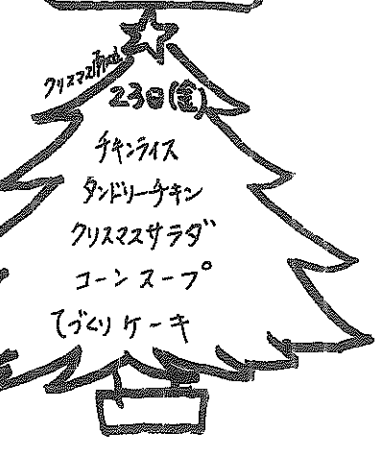
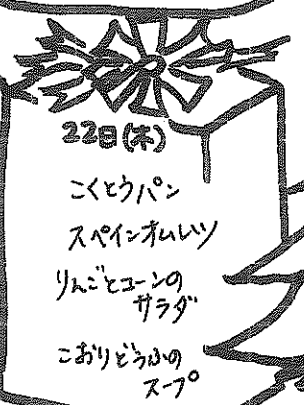
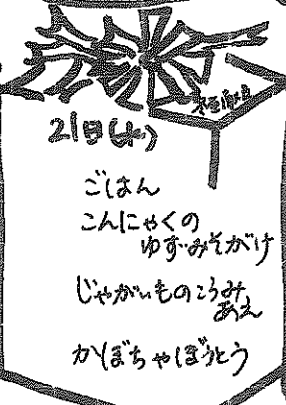
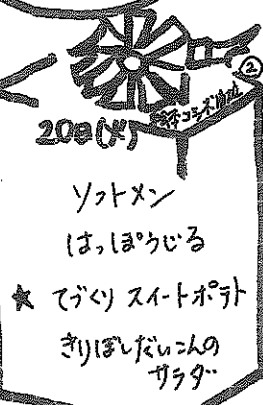
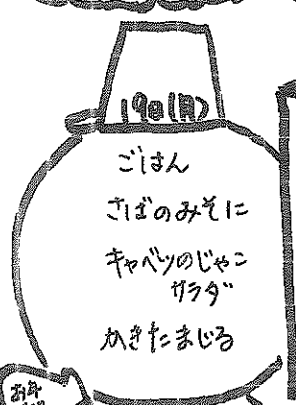
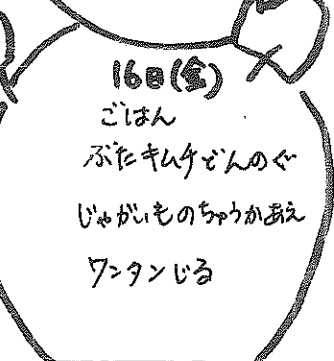
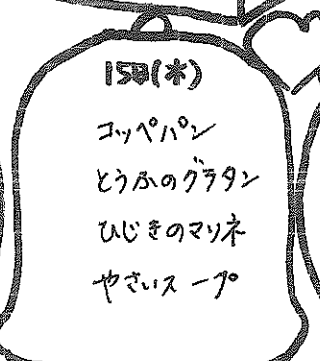
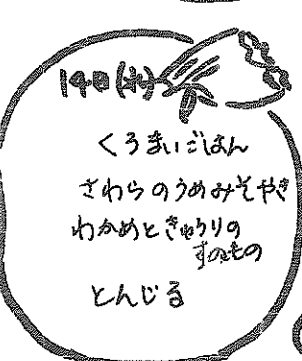
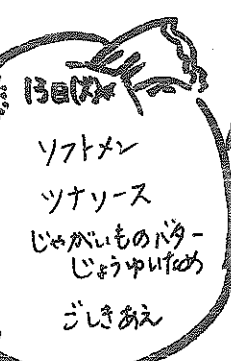
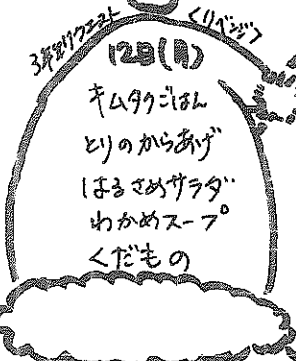
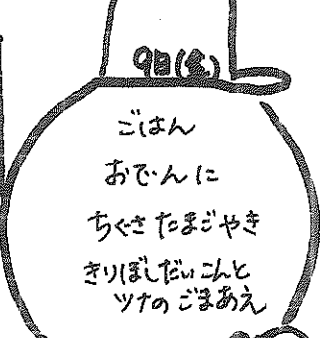
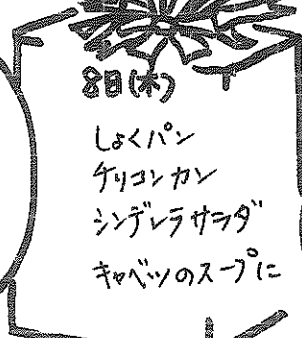
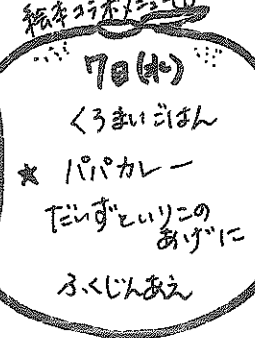
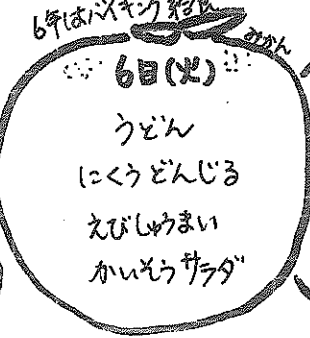
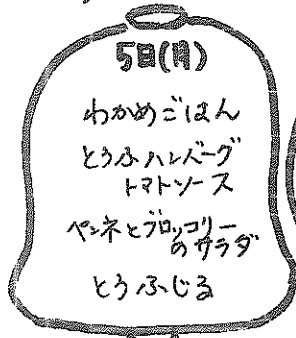
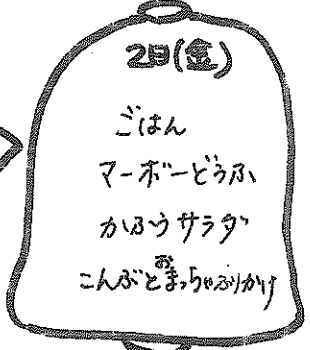
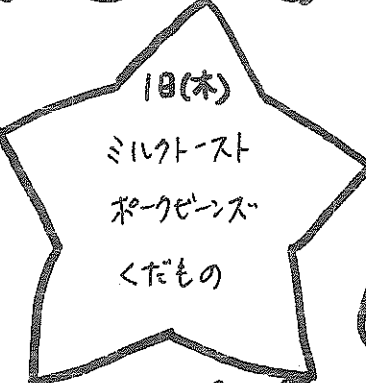
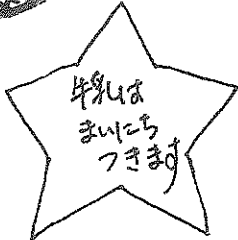
こんだてひょう

R4、12月
青木小学校

＜寒さに負けない食事をしよう＞

いよいよ師走に入りました。寒さもぐつと増してくる時期です。朝ごはんをしっかり食べて、寒さに負けない体を作り

＜今月の地場産物＞
お米、黒米、エリンギ、にんにく



今月は読書旬間(11/30~12/9)にあわせ図書委員会の皆さんが選んでくれた本の中からステキなメニューが登場します。「パパカレー」、「ミラクルかんたん!スイーツマジック③のスイートポテト」、「ぐりとぐらのカステラ」です。給食室の先生たちが頑張って作ります。楽しみにしていてくださいね。